

自由的生命

Life of Freedom

讓我們在自由中活出燦爛的生命

Let us live out a splendid life in freedom



(一) 認識自由的真意

Understanding the true meaning of freedom

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Understanding the true meaning of freedom

a. 世人的觀念 Secular concept

自由

各人能照著自由的意願行事

Liberty

The condition in which an individual has the ability to act according to his or her own will.

1. 言論與表達的自由
Freedom of speech and expression
2. 信仰自由
Freedom of religion
3. 免於匱乏的自由
Freedom from want
4. 免於恐懼的自由
Freedom from fear

(一) 認識自由的真意

Understanding the true meaning of freedom

a. 世人的觀念 **Secular concept**

b. 神的心意 **God's will**

『主的靈在我身上、因為他用膏膏我、
叫我傳福音給貧窮的人。差遣我報告被擄的得釋放、
瞎眼的得看見、叫那受壓制的得自由、
報告 神悅納人的禧年。』

"The Spirit of the Lord is on me,
because he has anointed me
to preach good news to the poor.
He has sent me to proclaim freedom for the prisoners
and recovery of sight for the blind,
to release the oppressed,
to proclaim the year of the Lord's favor."

路加福音 Luke 4:18-19

(一) 認識自由的真意

Understanding the true meaning of freedom

a. 世人的觀念 **Secular concept**

b. 神的心意 **God's will**

c. 在真理中 **The truth**

耶穌對信他的猶太人說、
你們若常常遵守我的道、就真是我的門徒。
你們必曉得真理、真理必叫你們得以自由。

To the Jews who had believed him,
Jesus said, "If you hold to my teaching, you are really
my disciples. Then you will know the truth, and the
truth will set you free."

約翰福音 John 8:31-32

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d. 自由的定義 **Definition of freedom**

自由

各人能照著自由的意願行事

Liberty

The condition in which an individual has the ability to act according to his or her own will.

自由的定義

全人(身心靈)不在任何轄制之下，
他的思想、言語、行為
在真理中隨自己的意願來作選擇。

The Definition of Liberty/Freedom

The condition in which an individual's body, mind and spirit is free from oppression, and in truth, has the ability to think, to speak and to act according to his or her own will.

(二) 獲得自由的途徑
The path to gain freedom

律法本是藉著摩西傳的、
恩典和真理、都是由耶穌基督來的。

For the law was given through Moses;
grace and truth came through Jesus Christ.

約翰福音 John 1:17

(二) 獲得自由的途徑 The path to gain freedom

a. 靠耶穌基督的恩典

Rely on Jesus Christ's grace

彼得說：「你們各人要悔改，奉耶穌基督的名受洗，
叫你們的罪得赦，就必領受所賜的聖靈。」

Peter replied, “Repent and be baptized, every one of you,
in the name of Jesus Christ for the forgiveness of your
sins. And you will receive the gift of the Holy Spirit.

使徒行傳 Acts 2:38

我們若認自己的罪，神是信實的，是公義的，必要赦免我們的罪，洗淨我們一切的不義。

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

約翰一書1 John 1:9

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b. 靠耶穌基督的真理

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(三)

自由照耀的方式

The ways to shine freely



(三) 自由照耀的方式 The ways to shine freely

1. 美好的生命 A beautiful life

聖靈所結的果子、就是
仁愛、喜樂、和平、
忍耐、恩慈、良善、
信實、溫柔、節制。

這樣的事、沒有律法禁止。

But the fruit of the Spirit is
love, joy, peace,
patience, kindness, goodness,
faithfulness, gentleness and self-control.

Against such things there is no law.

加拉太書 Galatians 5:22-23

(三) 自由照耀的方式 The ways to shine freely

1. 美好的生命 A beautiful life

2. 豐盛的生命 An abundant life

我來了、是要叫羊得生命、
並且得的更豐盛。

I have come that they may have life,
and **have it to the full.**

約翰福音 John10:10a

(三) 自由照耀的方式 The ways to shine freely

1. 美好的生命 A beautiful life

2. 豐盛的生命 An abundant life

3. 真愛的生命 A loving life

聖經是愛的手則、是我們生命的指南。

The Bible is the handbook of love and a guide to our lives

耶穌對他說、你要盡心、盡性、盡意、

愛主你的神。

這是誡命中的第一、且是最大的。

其次也相仿、就是要愛人如己。

這兩條誡命、是律法和先知一切道理的總綱。

³⁷Jesus replied: " **'Love the Lord your God** with all your heart and with all your soul and with all your mind.'³⁸This is the first and greatest commandment. ³⁹And the second is like it: **'Love your neighbor** as yourself.'⁴⁰All the Law and the Prophets hang on these two commandments."

愛幫助我們正確的使用自由

Love helps us use freedom correctly

弟兄們、你們蒙召、是要得自由。
只是不可將你們的自由當作放縱情慾的機會。
總要用 愛心互相服事。

You, my brothers and sisters, were called to be free.
But do not use your freedom to indulge the flesh;
rather, **serve one another humbly in love.**

加拉太書 Galatians 5:13

愛的轄制 The constraint of love

我雖是自由的、無人轄管、
然而我甘心作了眾人的僕人、
為要多得人。

Though I am free and belong to no one,
I have made myself a slave to everyone,
to win as many as possible.

哥林多前書 1 Corinthians 9:19

愛的轄制 The constraint of love

凡事都可行·但不都有益處。
凡事都可行·但不都造就人。
無論何人、不要求自己的益處、
乃要求別人的益處。

I have the right to do anything,” you say—
but not everything is beneficial.

“I have the right to do anything”—
but not everything is constructive.

No one should seek their own good, but the good of others.

哥林多前書 1 Corinthians 10:23-24

我們的行動 Our Actions:

我想要作的

Things I want to do.

我不想要作的

Things I don't want to do.