

## 感恩的生命

帖撒羅尼迦前書 5:16-18

引言：感恩是什麼？

本論：

- (I) 感恩是神對我們的心意。
  - (A) 感恩是神的命令與恩典
  
  - (B) 凡事謝恩
  
- (II) 感恩是幸福的秘訣
  - (A) 感恩使我們感受到愛
  
  - (B) 感恩使我們改善關係
  
  - (C) 感恩使我們蒙恩得福
  
- (III) 感恩是選擇與態度
  
- (IV) 如何培養我們感恩的生命

結論：讓我們作聰明人、選擇感恩、常常自我查驗，天天數算恩典，時時敏銳地感受神的愛與人的愛。好活出感恩的生命來見證神的愛、來彰顯神的恩典與榮耀。

分享和討論

1. 今天的信息在那方面幫助你更想要感恩？
2. 你對感恩是神對我們的心意有何回應？
3. 你對感恩是幸福的秘訣有何共鳴與分享？
4. 你對如何培養我們感恩的生命有何建議與行動計劃？

## A Life of Thanksgiving

1 Thessalonians 5:16-18

Introduction: What is thanksgiving?

Body:

- (I) Thanksgiving is God's will for us.
  - (A) God's command and grace
  
  - (B) Give thanks in all circumstances
  
- (II) Thanksgiving is the key for happiness
  - (A) Makes us feel loved
  
  - (B) Improves our relationships
  
  - (C) Opens the door to more grace and blessing
  
- (III) Thanksgiving is a choice and attitude
  
- (IV) How do we cultivate our life of thanksgiving?

Conclusion: Let us be wise, choose thanksgiving, examine ourselves frequently, count grace every day, and feel God's love and human love keenly at all times. Live a life of thanksgiving to witness God's love and reveal God's grace and glory.

Sharing and discussion

1. How does today's message inspire you to be more grateful?
2. How do you view thanksgiving is God's will for us?
3. Please share your thoughts on thanksgiving is the key for happiness?
4. What suggestions and action plans do you have on how to cultivate a life of thanksgiving?